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Medical school personal statement examples
The state of South Carolina is known for its gorgeous beaches, southern charm, and unique history. But not many people know that South Carolina is also home to three outstanding medical schools. While these medical schools do not share the same prestige and reputation as the Ivy League, they are solid and well-respected institutions that offer
excellent training to future doctors. The medical profession is admired worldwide for the rigor of its training, the high stakes of its day-to-day duties, and the complexity of its care requirements. Medical schools are held to a very high standard because to confer a medical doctor degree comes with an enormous responsibility: doctors will hold
people's lives in their hands. With this in mind, the most popular and well-regarded medical schools: peer assessment, admissions selectivity, faculty resources, and research activity, among others. In
this article, we walk through the best medical schools in South Carolina in order of each school's placement in the US News Medical School list. If a school is not ranked, the editorial team at College Gazette ranks the remaining schools. USC School of Medicine Greenville, located in (you guessed it) Greenville, SC, is a public medical school that
serves the local area. Approximately two-thirds of USC School of Medicine Greenville students hail from South Carolina, and the school is unranked by US News. For decades, USC School of Medicine Greenville has partnered with the largest care provider in the whole region,
Prisma Health, to give medical students a combination of excellent in-class instruction and meaningful hands-on opportunities. USC School of Medicine Greenville's curriculum begins with EMT training and certification). This allows students to get immediate hands-on clinical training in a way that would
not otherwise be possible. While USC School of Medicine Greenville initially began as an extension of USC School of Medicine Columbia, In fact, only six other universities in the
country have two separately accredited M.D. programs. Being its own accredited institution allows USC School of Medicine Greenville to play to its specific strengths and chart its own curriculum. In addition to EMT training and certification, the USC School of Medicine Greenville experience is also unique for its Lifestyle Medicine Curriculum. It is
the first school in the country to incorporate coursework in exercise, nutrition, lifestyle habits, and self-care into all four years of its curriculum, making it a very forward-thinking institution. Preventative medicine and healthy lifestyle habits, and self-care into all four years of its curriculum, making it a very forward-thinking institution. Preventative medicine and healthy lifestyle habits, and self-care into all four years of its curriculum, making it a very forward-thinking institution.
Medicine Greenville is genuinely paving the way for a new approach to educating medical doctors. USC School of Medicine Greenville also incorporates "soft skills" training into all four years of the M.D. program, so that medical doctors graduate not just as competent scientists and medical practitioners, but as humane professionals capable of
communicating well, listening deeply, and acting with empathy and compassion. Admission to USC School of Medicine Greenville is very competitive and requires a high GPA and MCAT score. Although USC School of Medicine Greenville practices a holistic admissions process, they also note that admitted students tend to have an average GPA
between 3.7 and 3.75 and an average MCAT score of 509. Because this is a public school, South Carolina residents are given some preferential treatment during the admissions process and pay lower tuition than out-of-state students. Luckily, out-of-state students can establish residency in South Carolina in their first year and then pay in-state
tuition. The Medical University of South Carolina (MUSC) is a public medical school located in the charming city of Charleston, SC. MUSC is one of the oldest medical school in the Deep South. It is unranked by US News. MUSC's motto is "She (the college) enriches by
giving generously." That spirit of generous giving animates all aspects of the MUSC experience. MUSC is not only the oldest, but also the largest academic medical center in South Carolina, and MUSC doctors care for patients all across the state. MUSC's curriculum is structured in a traditional two years pre-clinical, two years clinical fashion.
Students start by taking basic organ systems science courses in their first two years and then pursue hands-on, real-world clinical blocks, students participate in units that span all four years and cover instruction in doctoring, physical examination and diagnosis, and
biomedical ethics. MUSC also operates a regional campus in Anderson, SC, home to its Primary Care Parallel Track at MUSC AnMed Health Clinical training in this track occurs in the third and fourth years, as does the clinical
training for the regular Charleston-based program. One of MUSC's unique initiatives is the Senior Mentorship Program, which pairs MUSC medical students with a valuable learning opportunity, reduce stigmas around aging and the elderly, and improve
the way future doctors care for older patients, which is all the more important given our country's growing population of elderly people. Students in this program practice meeting elderly patients in a non-clinical setting and assessing different health markers, all while enhancing their bedside manner. Admission to MUSC is very competitive. For the
Fall 2020 incoming class, the medical school received 3700 applications for a class of 180 students. Successful applicants had an average GPA of 3.77 and average GPA of 3.77 
97.7% of 177 senior applicants in a residency position. Dfscqt21, University of South Carolina Horseshoe, CC BY-SA 3.0 University of South Carolina assigned a national ranking by US News: #90 in the country for Research and #76 in the
country for Primary Care. Even more impressively, USC School of Medicine ranks #1 in the entire US for Medicine ranks #1 in the entire 
institution, and the School of Medicine builds upon this excellence in research through a focus on experiential learning, renowned centers and institutes such as the Center for Dietary Supplements and Inflammation, and Research Center for Transforming Health. USC School of Medicine faculty
conducts specialized research in Mechanisms and Therapeutic Strategies for Neuropsychiatric and Neurologic Disorders, Mechanisms for Prevention, Detection, and Therapeutics of Cardiovascular Disease, Inflammatory Pathways in Health and Disease and Novel Interventional Strategies, and Pediatric Health and Mitigating Adult Disease
Development. Medical students take part in faculty research projects in order to hone not only clinical skills but also scholarly knowledge creation and discovery. USC School of Medicine substantially impacts the local community through clinical skills but also scholarly knowledge creation and discovery.
than half of USC School of Medicine's graduates go on to serve in the state of South Carolina, even in underserved rural corners of the state. The M.D. curriculum is a good balance of old and new, characterized by traditional coursework, lots of hands-on clinical opportunities, and innovative new approaches such as being the first medical school to
integrate hands-on clinical ultrasound technology into all four years of the program. New students may soon get to enjoy a new sprawling, state-of-the-art $300 million medical school and a separate 162,000-square-foot research and laboratory building. Admission to USC School of
of 3.63, and an average MCAT score of 507. Related Posts Get some inspiration to start writing your Medicine Personal Statement with these successful for universities including Imperial, UCL, King's, Bristol, Edinburgh and more. Get
Your Statement Reviewed The Best Colleges in the U.S. Let's understand the process of writing a personal statement. First off, always include these in your medical school personal statement: Why you're passionate about becoming a doctorYour qualities that will make you a great physicianPersonal stories that demonstrate those qualities pecific
examples of the communities you want to serve as a member of the medical fieldTry our free AI Personal Statement Analyzer to automatically improve your personal statement before submitting a great personal statement to serve as a member of the medical fieldTry our free AI Personal Statement Analyzer to automatically improve your personal statement before submitting a great personal statement and to
revisit your first draft, revising it based on input from family members and undergrad professors. Consult the application timeline for your target enrollment season. Choose a central theme: An unfocused essay will leave readers confused and uninterested. Nobody wants to read a blanket summary of your research experience. Give your statement a
clear thesis in the first paragraph that guides its formation. Start with a conventional introduction, be creative! Begin with something unexpected. Be the you of
today, not the you of the future: Forecasting your future as a physician can come across as empty promises. While it's great to express what you want to do in healthcare in the future, that doesn't really set you apart. All premed students have goals for what they'll do in the medical profession, but this often changes after time in medical school. Don't
get caught up in your ambitions. Instead, be honest about your current situation and interest in the field of medicine. Demonstrate your passion: It's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not enough to simply state your passion and it's not eno
make you an effective physician. Show, don't tell: Avoid cliches that admissions committees have heard hundreds of times, like "I want to help people." You will always capture your reader's attention more by presenting the story than by explaining a circumstance. Make your writing come alive with dynamic, persuasive storytelling that recounts your
personal experiences. Tie everything together: Conclude by wrapping up your main points. Reiterate your passion for the medical profession, you will revise your first draft many times. Think about the character limits as you revise personal statement. AACOMAS and
AMCAS applications have a character limit of 5,300. You don't necessarily need to use all 5,300 characters, but you don't want it to use fewer than 3,000. A too-short essay can look careless. This writing process will take several weeks, if not months. Once you're confident in your essay, ask for feedback. Avoid asking family members unless they're
experts in the field of medicine. Instead, have professors, mentors, and peers read it and offer notes. You can read more about our recommended method in your personal statement if you want to be a doctor: Name-dropping: Admissions counselors won't be
impressed when you brag about your highly regarded family members, associates, or mentors. You need to stand on your application. And they're bad habits for anyone entering the medical field. Don't be dishonest. Unedited AI content: Artificial
intelligence can help you edit and improve your writing, but don't let it do the work for you. Your essay and scour it for typos, trauma, drive, or personality. Grammatical errors and typos: Have a reliable reader proofread your essay and scour it for typos,
misspellings, and punctuation errors. Even free grammar-checking apps like Grammarly can catch mistakes. Telling without showing: I'll reiterate how important it is to back up your self-descriptive statements with real-life examples. Telling without showing won't persuade readers. Too many examples: Have 3-4 solid personal stories at most. Only
include a few that are crucial for providing your points. However, more than 4 examples may lessen the impact of each experience on the AdCom. Fluff and filler: Cut all obvious fluff, filler words, and irrelevant points. There are other places you can include information in your application, such as secondary essays on your clinical experience, volunteen
work, and research projects. Read Next: Don't Leave Your Personal Statement to Chance your personal statement to chance between the medical career of your dreams and another gap year or giving up altogether. You've spent so much time, money, and effort on this path — don't leave your personal statement to chance. Our
Physician Advisors and professional writers know how to craft application essays that stand out - that's why 90% of our personal statement clients get at least one interview invite. Interested in medical school, but intimidated about admission requirements? Learn about the easiest medical schools to get into here. Medical school prepares students to
become doctors and improve the health and lives of other people. Working in medicine is often rewarding and lucrative. Getting into medical school is difficult. The Association of American Medical Colleges (AAMC) reports that only about 42% of applicants matriculated in 2020-2021. Many qualified applicants are rejected each year because not
enough medical schools exist to meet the demand for a medical student graduated with around $207,000 in debt in 2020. Medical students usually finish school in about four full-time years. New physicians receive supervised training in their
medical specialty during residency, which lasts 3-8 years. Residency is often followed by a 1- to 3-year fellowship. Learn More About Our Partners appear among these rankings and are indicated as
such.To create this ranking, BestColleges sourced the most recent data available from the National Center for Education Statistics and the U.S. Department of Education College Scorecard. We then ranked each school according to the top variables college students selected in our College Choice and Admissions Survey. To learn more, check out our
full rankings methodology or read the summary below. To qualify for our rankings lists, each school must be an accredited public or private, nonprofit institution. Each eligible school was then ranked based on a formula measuring: Affordability (30%) Student outcomes (30%) Reputation (20%) Diversity and social mobility (20%) In addition, we only
included colleges with graduation rates in the top third of all online colleges. Grand Forks, ND4 yearCampus + Online$11,963Avg. Grad Tuition, In-State$17,944Avg. Grad Tuition, Out-of-state68%Online EnrollmentView Details The University of North Dakota's School of Medicine & Health Sciences offers eight healthcare programs, including the
state's only four-year MD program. The oldest university in North Dakota, UND partners with clinical facilities throughout the state where students can train after their second year. UND accepts about 28% of medical school applicants, making it one of the easiest medical schools to get into. The university strives to offer educational opportunities for
American Indian students by committing to accepting a certain percentage of qualifying applicants each year. Prospective students must submit MCAT scores, letters of recommendation, and an experiences and attributes portfolio. The admissions department does not require a minimum MCAT scores, but all applicants must have a minimum GPA of
3.0. The average accepted applicant in 2019 had a 507 MCAT score and a 3.5 GPA.Avg. Undergrad Tuition, In-State$11,963Avg. Grad Tuition, Out-of-state$11,963Avg. Grad Tuition, Out-of-state$13,856AccreditationYesAvg. Grad Tuition, In-State$11,963Avg. Grad Tuition, Out-of-state$11,963Avg. Grad Tuition, In-State$11,963Avg. Grad Tuition, In-State$11
Out-of-state$17,944Online Enrollment68%Avg. Undergrad Tuition, In-State$9,237Avg. Undergrad Tuition, Out-of-state$13,856AccreditationYesThe University of North Dakota's School of Medicine & Health Sciences offers eight healthcare programs, including the state's only four-year MD program. The oldest university in North Dakota, UND
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programs to both in-state and out-of-state residents. UMMS partners with two acute care hospitals and maintains affiliations with several community hospitals and health centers in the region. Students must hold a bachelor's
degree from an accredited institution and submit MCAT scores and letters of recommendation. They must also complete an interview. UMMS does not set GPA or MCAT cutoffs, but the average medical student has a 3.7 GPA and an MCAT score in the 88th percentile. Avg. Undergrad Tuition, Out-of-
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Worcester — offers training in several medical disciplines, but emphasizes primary care specialties. The school offers MD and MD/Ph.D. programs to both in-state and out-of-state residents. UMMS partners with two acute care hospitals and maintains affiliations with several community hospitals and health centers in the region. Students typically
complete clinical requirements at one of these locations. UMMS accepts 23% of applicants. All prospective students must hold a bachelor's degree from an accredited institution and submit MCAT scores and letters of recommendation. They must also complete an interview. UMMS does not set GPA or MCAT cutoffs, but the average medical students are complete an interview.
has a 3.7 GPA and an MCAT score in the 88th percentile. Kansas City, MO4 yearCampus + Online$10,660Avg. Grad Tuition, In-State$27,521Avg. Grad Tuition, Out-of-state31%Online EnrollmentView Details The University of Missouri-Kansas City offers six medical programs with 19 specialties. Students can enroll in a six-year BA/MD program or a
traditional four-year MD program. These programs incorporate clinical experiences beginning in the first semester. UMKC partners with six leading hospitals to provide students must have a minimum GPA of 3.0 and score at least 24 on the ACT or 1160 on the SAT. MD applicants must earn an
MCAT score of at least 500 to qualify. UMKC enrolls about 645 medical students and accepts about 20% of applicants. Avg. Undergrad Tuition, In-State$10,660Avg. Grad Tuition, Out-of-state$27,521Avg. Grad Tuition, In-State$10,660Avg. Grad Tuition
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clinical experiences beginning in the first semester. UMKC partners with six leading hospitals to provide students must have a minimum GPA of 3.0 and score at least 24 on the ACT or 1160 on the SAT. MD applicants must earn an MCAT score of at least 500 to qualify. UMKC enrolls about 645
medical students and accepts about 20% of applicants.Reno, NV4 yearCampus + Online$5,814Avg. Grad Tuition, In-State$22,356Avg. Grad Tuition, Out-of-state$0%Online EnrollmentView Details The University of Nevada, Reno's School of Medicine offers a traditional MD program, a BS/MD program, and a post-baccalaureate certificate program.
The school also gives students the opportunity to pursue dual degrees, including an MD/MPH, an MD/MPH, an MD/MPH, an MD/MPH, an MD/MPH, and an MD/Ph.D. The school boasts a small community feel, maintaining a 3-to-1 student-to-faculty ratio. Students begin working in clinical environments during their first year. In-state applicants must have a minimum GPA of 2.8 and a 497 or
higher MCAT score. Out-of-state applicants must have a minimum GPA of 3.3 and an MCAT score that is 500 or higher. The school accepts about 12% of applicants. Avg. Undergrad Tuition, In-State$5,814Avg. Grad Tuition, Out-of-state$2,356Reno, NV4.
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of 2.8 and a 497 or higher MCAT score. Out-of-state applicants must have a minimum GPA of 3.3 and an MCAT score that is 500 or higher. The school accepts about 12% of applicants. Shreveport, LA2 yearCampus + Online$6,196Avg. Grad Tuition, Out-of-state applicants must have a minimum GPA of 3.3 and an MCAT score that is 500 or higher. The school accepts about 12% of applicants must have a minimum GPA of 3.3 and an MCAT score that is 500 or higher. The school accepts about 12% of applicants must have a minimum GPA of 3.3 and an MCAT score that is 500 or higher.
LSU Health Shreveport was the first state school to offer medical education in Louisiana. The university remains the only medical school in north Louisiana and one of only three operating in the Bayou State.LSU Health Shreveport offers joint Ph.D. programs with Louisiana Tech for students interested in conducting research. The college also offers
43 fully accredited residency and fellowship programs. The college accepts roughly 20% of medical school applicants and does not use GPA or MCAT cutoffs. However, the average student has a 3.7 GPA and a 505 MCAT score. Avg. Undergrad Tuition, In-State$5,806Avg. Undergrad Tuition, Out-of-state$18,960AccreditationYesAvg. Grad Tuition, In-State$5,806Avg. Undergrad Tuition, In-State$5,806Avg. Undergrad Tuition, Out-of-state$18,960AccreditationYesAvg. Grad Tuition, In-State$5,806Avg. Undergrad Tuition, In-State$5,806Avg. Unde
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Louisiana. The university remains the only medical school in north Louisiana and one of only three operating in the Bayou State.LSU Health Shreveport offers 43 fully accredited residency and fellowship programs. The college accepts
roughly 20% of medical school applicants and does not use GPA or MCAT cutoffs. However, the average student has a 3.7 GPA and a 505 MCAT score. Vermillion, Out-of-state$8%Online EnrollmentView Details The University of South Dakota's Sanford School of
Medicine opened in 1907 and is still the only medical school in the state. Sanford focuses on rural family medicine to treat traditionally underserved communities and uses a unique three-pillar program schedule. Pillars one and two focus on establishing foundational knowledge of biomedical systems and beginning clinical clerkships. The final pillars
gives students the opportunity to complete surgery subspecialties, internships, electives, research, and global experiences. The school accepts 14% of applicants. Prospective students must have a minimum GPA of 3.1 and an MCAT score of at least 496. Avg. Undergrad Tuition, In-State$7,773Avg. Undergrad Tuition, Out-of-
state$11,283AccreditationYesAvg. Grad Tuition, In-State$6,123Avg. Grad Tuition, Out-of-state$11,773Avg. Grad Tuition, Out-of-state$11,773Avg. Grad Tuition, Out-of-state$11,773Online Enrollment58%Avg. Undergrad Tuition, In-State$6,123Avg. Grad Tuition, Out-of-state$11,773Online Enrollment58%Avg. Grad Tuition, In-State$6,123Avg. Grad Tuition, In-State$6,123Avg. Grad Tuition, In-State$11,773Online Enrollment58%Avg. Grad Tuition, In-State$6,123Avg. Grad Tuition, In-State$11,773Avg. Grad Tuition, In-State$6,123Avg. Grad Tuition
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gives students the opportunity to complete surgery subspecialties, internships, electives, research, and global experiences. The school accepts 14% of applicants. Prospective students must have a minimum GPA of 3.1 and an MCAT score of at least 496. Greenville, NC4 yearCampus + Online$4,749Avg. Grad Tuition, In-State$17,898Avg. Grad Tuition
Out-of-state 72% Online Enrollment View Details East Carolina University's Brody School of Medicine traces its history back to 1965. Students can pursue an MPH, MD, or Ph.D. They can also enroll in a dual-degree program. Brody's distinction track programs allow learners to study an area of interest that relates to their medical career goals.
Additionally, the school's summer program gives prospective students the opportunity to see what medical school entails and prepares them for the rigorous expectations of the program. The Brody School of Medicine accepts 13% of applicants. The average medical student has a 3.6 GPA and a 508 MCAT score. Avg. Undergrad Tuition, In-
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Carolina University's Brody School of Medicine traces its history back to 1965. Students can pursue an MPH, MD, or Ph.D. They can also enroll in a dual-degree program. Brody's distinction track program gives prospective
students the opportunity to see what medical school entails and prepares them for the rigorous expectations of the program. The Brody School of Medicine accepts 13% of applicants. The average medical student has a 3.6 GPA and a 508 MCAT score. Augusta, GA4 yearCampus + Online $5,504Avg. Grad Tuition, In-State $18,772Avg. Grad Tuition, Out-
of-state59%Online EnrollmentView Details With a history spanning nearly 200 years, the Medical College of Georgia at Augusta University was one of the first medical schools in the nation. MCG focuses on improving healthcare in Georgia, with 48% of graduates choosing to remain in the state to practice medicine after earning their degree. With 240
students per class, MCG is currently one of the largest medical schools in the U.S. The school offers several medical degrees across 23 departments. MCG accepts 14% of applicants. The college considers an applicant's residency, MCAT scores, GPA, and letters of recommendation. The average MCG student has a 3.8 overall GPA and an MCAT score of the largest medical schools in the U.S. The school offers several medical degrees across 23 departments.
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Enrollment59%Avg. Undergrad Tuition, In-State$6,892Avg. Undergrad Tuition, Out-of-state$2,270AccreditationYesWith a history spanning nearly 200 years, the Medical College of Georgia at Augusta University was one of the first medical schools in the nation. MCG focuses on improving healthcare in Georgia, with 48% of graduates choosing to
remain in the state to practice medicine after earning their degrees. With 240 students per class, MCG is currently one of the largest medical schools in the U.S. The school offers several medical degrees across 23 departments. MCG accepts 14% of applicants. The college considers an applicant's residency, MCAT scores, GPA, and letters of
recommendation. The average MCG student has a 3.8 overall GPA and an MCAT score of 511. Applicants must have a minimum GPA of 3.0 and an MCAT score of at least 496.0klahoma City, OK4 yearCampus + Online$5,119Avg. Grad Tuition, In-State$19,778Avg. Grad Tuition, Out-of-state63%Online EnrollmentView Details The University of
Oklahoma's College of Medicine offers an MD program, a physician assistant program, and several dual-degree options. Additionally, students wishing to complement their practice with public health knowledge can complete concurrent MPH coursework. The college uses an innovative simulation center to train students. The center allows medical
students and residents to practice clinical skills on high-tech mannequins. The OU College of Medicine accepts 15% of students are Oklahoma residents. The average accepted applicant has a 3.7 GPA and an MCAT score in the 79th percentile. Applicants must have a minimum GPA of 3.0 and a minimum MCAT score
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State$5,220Avg. Undergrad Tuition, Out-of-state$21,985AccreditationYesThe University of Oklahoma's College of Medicine offers an MD program, a physician assistant program, and several dual-degree options. Additionally, students wishing to complement their practice with public health knowledge can complete concurrent MPH coursework. The
college uses an innovative simulation center to train students. The center allows medical students and residents to practice clinical skills on high-tech mannequins. The OU College of Medicine accepts 15% of applicants, and more than 75% of students are Oklahoma residents. The average accepted applicant has a 3.7 GPA and an MCAT score in the
79th percentile. Applicants must have a minimum GPA of 3.0 and a minimum MCAT score of 492.Omaha, NE4 yearCampus + Online$9,207Avg. Grad Tuition, In-State$26,379Avg. Grad Tuition, In-State$36,379Avg. Grad Tuiti
and professional skills through practice-based learning. In addition to earning a traditional medical degree programs, an interdisciplinary educational track, and an honors thesis program. UNMC accepts 11% of medical school applicants, which
translates to an average incoming class of 130 students each year. The average accepted applicant has a 3.8 GPA and a 515 MCAT score. Avg. Undergrad Tuition, In-State$11,340Avg. Undergrad Tuition, Out-of-state$26,379Omaha, NE4 yearCampus + OnlineAvg.
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students each year. The average accepted applicant has a 3.8 GPA and a 515 MCAT score.Low acceptance rates make getting into medical school is much more challenging than gaining admission to most other
undergraduate and graduate programs. Medical school admission requirements vary but usually include a minimum undergraduate GPA, completion of prerequisite courses, letters of recommendation, and minimum test scores. Medical school applicants need
a bachelor's degree from an accredited college, but each institution chooses its own pre-med course prerequisites. Applicants usually need one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and one year of biology, two years of chemistry, and year of biology, and year of the biology of the year of the year of the year of the year of th
require lab, volunteer, or shadowing experience. Many undergraduate students major in a biological science field to increase their chances of getting into
medical school by participating in extracurricular activities. Although not typically a requirement, participation in extracurricular activities can be a window into an applicant's personality and values. Medical schools want empathetic, ethical students with leadership, interpersonal, and communication skills. The way you choose to spend your time
outside of class can help admissions committees better understand who you are and what you care about. Extracurricular activities can also be an excellent way to get clinical, research, or volunteer experience. Medical school admissions committees usually require letters of recommendation. Students should ask for letters of recommendation from
undergraduate professors, pre-med advisors, or the pre-med office at their school. Choose someone who can speak to your strengths. Medical schools consider overall GPA, science GPA. Each institution decides how much weight to give each type of GPA.
According to the Princeton Review, medical school enrollees held an average overall GPA of 3.71 in 2017-2018. The easiest medical schools to get into may have lower minimum GPA requirements than the more competitive institutions. Applicants must take the Medical College Admission Test (MCAT), a standardized test that indicates their
preparedness for medical school. The MCAT asks questions geared toward determining students' scientific knowledge and analytical skills. MCAT prep books can help students study for the exam. The Computer-based Assessment for Sampling Personal Characteristics (CASPer) is a situational judgment test many medical schools use to evaluate
applicants. The exam assesses traits that physicians should possess in order to be successful. These include collaboration, empathy, and equity. Not all medical schools require the CASPer test. Most medical schools in the U.S. accept first-year applications through the Association of American Medical Colleges's American Medical schools in the U.S. accept first-year applications through the Association of American Medical Colleges's American Medical schools in the U.S. accept first-year applications through the Association of American Medical Colleges's American Medical schools in the U.S. accept first-year applications through the Association of American Medical Colleges's American Medical schools in the U.S. accept first-year applications through the Association of American Medical Colleges's American Medical Colleges's American Medical Schools in the U.S. accept first-year applications through the Association of American Medical Schools in the U.S. accept first-year applications through the Association of American Medical Schools in the U.S. accept first-year applications through the Association of American Medical Schools in the U.S. accept first-year applications through the U.S. accept first-year applicati
College Application Service (AMCAS). Using AMCAS lets students apply to multiple programs by filling out just one primary application, 
the specific schools.AMCAS collects all of the application information students submit and passes it on to each school.Improve your chances of getting medical experience shows admissions committees that you are serious about pursuing a
career in medicine. Undergraduate research experience can help you differentiate yourself from applicants interested in a career in medicine medicine. Research experience can help you differentiate yourself from applicants without it. Volunteering to help others in your community demonstrates character and integrity, both important traits for those who
pursue careers in medicine. Applicants can volunteer to gain experience in medical settings and determine their career goals. Prospective doctors do not need to major in biological science in order to gain acceptance to medical school admissions committees recommend students choose an undergraduate major they genuinely enjoy
and can do well in. No matter what major you choose, the American Academy of Family Physicians recommends you enroll in biology, math, chemistry, and English courses. Applying to more than one school can increase your chances of acceptance. But, make sure to only apply to medical schools where you meet the admission criteria. Although
medical schools consider a prospective student's entire application, MCAT scores are critical. Familiarize yourself with everything the MCAT test will cover, and then plan a study schedule. Many students take practice tests to track their progress. Medical school admissions committees often prefer applicants with extracurricular activities on their
resumes. Students who participate in a variety of activities while maintaining high GPAs demonstrate good time management skills and a strong work ethic. Students who participate in a variety of activities while maintaining high GPAs demonstrate good time management skills and a strong work ethic. Students who participate in a variety of activities while maintaining high GPAs demonstrate good time management skills and a strong work ethic. Students who participate in a variety of activities while maintaining high GPAs demonstrate good time management skills and a strong work ethic.
personal statement. Try to write a unique, honest essay that the admissions committee will remember. Consider each medical school's academic focus and whether it aligns with your career goals and interests. Schools may concentrate in areas like research, primary care, or specialty medicine. For example, students who want to practice emergency
medicine can benefit from choosing a medical school with a strong focus on this specialty. Applying to medical schools where you do not meet the admissions criteria is often a waste of time, money, and effort. Research specific requirements for each institution before beginning the application process. The easiest medical schools to get into usually
have less stringent admissions criteria. Going to medical school is not cheap. According to the AAMC, medical school where you can pay in-state tuition is typically more affordable than medical school at a private or out-of-
state institution. Students should consider location when choosing a medical school. Where you go to school is usually more affordable than attending an out-of-state or private medical school. Where you study also impacts the clinical and research experiences
available to you. Accreditation is a process by which schools demonstrate that they meet minimum educational standards. In the U.S., even the easiest medical school is a very competitive process, and most people who apply do not get in. According to the AAMC, 53,030 students applied
to medical school during the 2020-2021 academic year, but only 22,240 enrolled. This means that only about 42% of med school applicants matriculated. Even students who meet all admissions criteria and are excellent candidates do not get in. Medical schools cannot accept every qualified applicant because they lack the necessary spots to meet the
demand. See our ranked list of the easiest medical schools to get into to increase your chance of acceptance. Medical school costs vary. Going to an in-state, public institution usually costs less than attending a private or out-of-state medical school costs vary.
public university in 2021-2022. That adds up to $133,960 for four years of in-state, public medical school, not including room and board or other fees. Medical students at private, in-state schools paid an average of $56,630 a year during the same period. Don't forget to consider other potential expenses while in school, including books, supplies, and
transportation. The AAMC found that the average medical student graduated with around $207,000 in debt in 2020. Medical school usually takes around four full-time years to complete. This does not include residency, where new physicians get advanced training in their chosen specialty. Depending on the specialty, physicians spend 3-8 years as
residents. Many specialties and subspecialties also include a 1- to 3-year fellowship following residency. When you add together the required education and training, it usually takes seven years to become a practicing doctor. It is not uncommon for future doctors to spend more than a decade completing all their medical training. Physicians also must
complete a four-year undergraduate degree before they can even apply to medical school is easier at schools have the lowest acceptance rates, while the least competitive medical schools have the highest acceptance rates. To find the
medical schools with the highest acceptance rates, see above for our ranked list of the easiest medical schools to get into. One straightforward, objective answer to this question does not exist. It depends on each person's individual skills, strengths, and preferences. What seems like an easy specialty for one person will not be the same for another
physician. That said, some specialties welcome more physicians or require fewer years of post-graduate training than others. Less competitive specialties to consider include family medicine, and psychiatry. Other potentially easier options include physicians or require fewer years of post-graduate training than others. Less competitive specialties to consider include family medicine, and psychiatry.
avoiding the most competitive specialties, including orthopedic surgery, and radiation oncology. I made my way to Hillary's house after hearing about her alcoholic father's incarceration. Seeing her tearfulness and at a loss for words, I took her hand and held it, hoping to make things more bearable. She squeezed back gently in reply,
"thank you." My silent gesture seemed to confer a soundless message of comfort, encouragement and support. Through mentoring, I have developed meaningful relationships with individuals of all ages, including seven-year-old Hillary. Many of my mentees come from disadvantaged backgrounds; working with them has challenged me to become more
understanding and compassionate. Although Hillary was not able to comfort her groblems, I felt truly fortunate to be able to comfort her with my presence. Though not always tangible, my small victories, such as the support I offered Hillary, hold great personal meaning. Similarly, medicine
encompasses more than an understanding of tangible entities such as the science of disease and treatment—to be an excellent physician requires empathy, dedication, curiosity and love of problem solving. These are skills I have developed through my experiences both teaching and shadowing inspiring physicians. Medicine encompasses more than
hard science. My experience as a teaching assistant nurtured my passion for medicine; I found that helping students required more than knowledge of organic chemistry. Rather, I was only able to address their difficulties when I sought out their underlying fears and feelings. One student, Azra, struggled despite regularly attending office hours. She
approached me, asking for help. As we worked together, I noticed that her frustration stemmed from how intimidated she was by problems. I helped her by listening to her as a fellow student and normalizing her struggles. "I remember doing badly on my first organic chem test, despite studying really hard," I said to Azra while working on a problem
"Really? You're a TA, shouldn't you be perfect?" I looked up and explained that I had improved my grades through hard work. I could tell she instantly felt as if I had passed too. That B+ meant so much: it was a tangible result of Azra's hard work, but it
was also symbol of our dedication to one another and the bond we forged working together. My passion for teaching thousand be ricular have stimulated my curiosity and desire to learn more about the world around me. How does platelet rich plasma
stimulate tissue growth? How does diabetes affect the proximal convoluted tubule? My questions never stopped. I wanted to know everything and it felt very satisfying to apply my knowledge to clinical problems. Shadowing physicians further taught me that medicine not only fuels my curiosity; it also challenges my problem solving skills. I enjoy the
connections found in medicine, how things learned in one area can aid in coming up with a solution in another. For instance, while shadowing Dr. Steel I was asked, "What causes varicose veins and thought back to my shadowing experience with Dr.
Smith in the operating room. She had amputated a patient's foot due to ulcers obstructing the venous circulation. I replied, "you're right, but it doesn't end there!" Medicine is not disconnected; it is not about interventional cardiology or orthopedic surgery. In fact, medicine
is intertwined and collaborative. The ability to gather knowledge from many specialties and put seemingly distinct concepts together to form a coherent picture truly attracts me to medicine is science. However, medicine is also about people—their feelings, struggles and concerns. Humans
are not pre-programmed robots that all face the same problems. Humans deserve sensitive and understanding physicians. Humans deserve doctors who are infinitely curious, constantly questioning new advents in medicine. They deserve someone who loves the challenge of problem solving and coming up with innovative individualized solutions. I
want to be that physician. I want to be able to approach each case as a unique entity and incorporate my strengths into providing personalized care for my patients. Until that time, I may be found Friday mornings in the operating room, peering over shoulders, dreaming about the day I get to hold the drill. What Makes this a Strong Personal
StatementLet's take a step back to consider what this medical school personal statement example does, not just what it says. It begins with an engaging hook in the first paragraph and ends with a compelling conclusion. The introduction draws you in, making the essay almost impossible to put down, while the conclusion paints a picture of someone
who is both passionate and dedicated to the profession. In between the introduction and conclusion, this student makes excellent use of personal narrative. The anecdotes chosen demonstrate this individual's response to the common question, "Why do you want to be a doctor?" while simultaneously making them come across as compassionate,
curious, and reflective. This person is clearly a talented writer, but this was the result of several rounds of edits with one of our medical school admissions consulting team members and a lot of hard work. If your essay is not quite there yet, or if you're just getting started, don't sweat it. A good personal statement will take time and editing. Medical
School Personal Statement Example #2I was one of those kids who always wanted to be doctor. I didn't understand that the person in the white coat stood for knowledge, professionalism, and compassion. As a
child, visits to the pediatrician were important events. I'd attend to my hair and clothes, and travel to the appointment in anticipation. I loved that whoever I was in the larger world, I could enter the safe space of the doctor's office, and for a moment my concerns were heard and evaluated. I listened as my
mother communicated with the doctor. I'd be asked questions, respectfully examined, treatments and options would be on our way. My mother had been supported in her efforts to raise a well child, and I'd had a meaningful interaction with an adult who cared for my body and development. I understood medicine as an act
of service, which aligned with my values, and became a dream. I was hospitalized for several months as a teenager and was inspired by the experience, despite the illness. In the time of diagnosis, treatment and recovery, I met truly sick children who were much more ill than me. Children who wouldn't recover. We shared a four-bed room,
and we shared our medical stories. Because of the old hospital building, there was little privacy in our room, and we couldn't help but listen-in during rounds, learning the medical details, becoming "experts" in our four distinct cases. I had more mobility than some of the patients, and when the medical team and family members were unavailable, I'd
run simple errands for my roommates, liaise informally with staff, and attend to needs. To bring physical relief, a cold compress, a warmed blanket, a message to a nurse, filled me with such an intense joy and sense of purpose that I applied for a volunteer position at the hospital even before my release. I have since been volunteering in emergency
departments, out-patient clinics, and long term care facilities. While the depth of human suffering is at times shocking and the iterations of illness astounding, it is in the long-term care facilities. While the depth of human suffering is at times shocking and the iterations of illness astounding, it is in the long-term care facilities. While the depth of human suffering is at times shocking and the iterations of illness astounding, it is in the long-term care facilities.
onset Parkinson's Disease with dementia that revealed itself with a small tremor when he was in his late twenties. Charles had a wife and three daughters who visited regularly, but whom he didn't often remember. Over four years as a volunteer, my role with the family was to fill in the spaces left by Charles' periodic inability to project his voice as
well as his growing cognitive lapses. I would tell the family of his activities between their visits, and I would remind him of their visits and their news. This was a hard experience for me. I watched as 3 daughters, around my own age, incrementally lost their father. I became angry, and then I grew even more determined. In the summer of third year of
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my Health Sciences degree, I was chosen to participate in an undergraduate research fellows, medical students, physicians, and faculty in Alzheimer's research into biomarkers that might predict future disease. We
collaborated in teams, and by way of the principal investigator's careful leadership, I learned wherever one falls in terms of rank, each contribution is vital to the outcome. None of the work is in isolation. For instance, I was closely mentored by Will, a graduate student who had been in my role the previous summer. He, in turn, collaborated with post
docs and medical students, turning to faculty when roadblocks were met. While one person's knowledge and skill may be deeper than another's, individual efforts make up the whole. Working in this team, aside from developing research skills, I realized that practicing medicine is not an individual pursuit, but a collaborative commitment to excellence
in scholarship and leadership, which all begins with mentorship. Building on this experience with teamwork in the lab, I participated in a global health initiative in Nepal for four months, where I worked alongside nurses, doctors, and translators. I worked in mobile rural health camps that offered tuberculosis care, monitored the health and
development of babies and children under 5, and tended to minor injuries. We worked 11-hour days helping hundreds of people in the 3 days we spent in each location. Patients would already be in line before we woke each morning. I spent each day recording basic demographic information, blood pressure, pulse, temperature, weight, height, as well
as random blood sugar levels, for each patient, before they lined up to see a doctor. Each day was exhausting and satisfying. We helped so many people. But this satisfaction was quickly displaced by a developing understanding of issues in health equity. My desire to be doctor as a young person was not misguided, but simply naïve. I've since learned
the role of empathy and compassion through my experiences as a patient and volunteer. I've broadened my contextual understanding of medicine in the lab and in Nepal. My purpose hasn't changed, but what has developed is my understanding of medicine and social
justice.Read more medical school personal statement examples that got accepted!28 More Medical School Personal Statement Example: #11"It was the middle of the night when I received the call that my friend was trying to jump off the 30th floor of an apartment building. When I got
to her, all I could see was anguish and fear in her eyes as she looked back at me from the balcony. I was eventually able to talk her down, but this was only one of many times I came to her aid as she struggled with mental illness."Medical School Personal Statement Example: #12"I lost my brother before I had the opportunity to meet him. Technology
was not advanced enough in my hometown in India for my mother to know she had lost her child before it laid still in her arms. "Medical School Personal Statement Example: #13" After six years of being in the closet, I came out to my parents as bisexual in the middle of a family dinner, blurting out the confession as I couldn't hold it in anymore ... To
me, this was just one small piece of me and my identity that was different but for some, it makes all the difference. "Medical School Personal Statement Example: #14"While shadowing primary care physicians, neurologists and a laryngologist however, I realized just how untrue the idea of doctors failing to feel helpless can be ... Looking back now, large larg
didn't yet comprehend that doctors were human and didn't always have all of the answers. This was my first encounter with the limitations of medicine. "Medical School Personal Statement Example: #15"Having been both a patient and a teacher, I have experienced the importance of paying attention to brief moments that can offer great
transformation. "Medical School Personal Statement Example: #16""Who are you?" At 20 years old, I stood face to face with my abuela, but I was now a stranger. Our relationship had been erased with those three simple words. My abuela, but I was now a stranger. Our relationship had been erased with those three simple words. My abuela, but I was now a stranger. Our relationship had been erased with those three simple words. My abuela, but I was now a stranger.
signs in Mandarin and Hindu scriptures with a mixture of curiosity and frustration. Across the street from my childhood home, I saw the effect of misunderstanding played out in reverse at the hospital ... I could not hear the conversations, but I recognized the expression on the receptionist's face each time she spoke to a Hindi-speaking patient—
wrinkled nose and a raised eyebrow with a look of confusion. At a young age, I understood how discouraging even simple communication could be across a language barrier. "Medical School Personal Statement Example: #18"The high pitched siren broke silence in a frosty winter morning. Stationed on the curbside was an ambulance with flashing red
and white lights with my mother inside. Not long ago, our car skidded on ice and hit a tree ... In the next few days, I sat alongside my mother in the hospital, praying that her pain would ease and she would recover soon. "Medical School Personal Statement Example: #19"Coping with my mother's visual hallucinations, amnesia, and overall emotional
instability was frustrating and exhausting. I was heartbroken watching the strong, independent woman who raised me struggle to be herself. Nevertheless, I witnessed the necessity of having faith and proper support in overcoming hurdles such as these. "Medical School Personal Statement Example: #20"While it was devastating to learn that there
was no treatment for NCL, it highlighted the importance of medical research ... The connection the doctors developed with my family, the way they taught us about NCL, and the hope their research on NCL gave us helped drive my curiosity and love for medicine. "Medical School Personal Statement Example: #21"We were passing through the
blinding lights of New York City when I was ten years old, I had an uncle I'd never met before come to visit. When my grasp. "Medical School Personal Statement Example: #22"When I was ten years old, I had an uncle I'd never met before come to visit. When my
mother introduced him to us, she told us that he was a travelling physician for doctors without borders ... He told us that his job was to provide care for people in need, regardless of race, nationality, class, or creed. 'One day, maybe you can join me,' he said. 'Medical School Personal Statement Example: #23"When I was young, I wanted to be just like
my father ... As I got older, the veil of importance I always viewed him with began to lift - the smoke in front of my eyes swept away in a cold gust of wind. On my 16th birthday, he gave me the only advice he would ever give before he died. "Medical School Personal Statement Example: #24"As I watched smoke curl around my grandfather's chapped
hands, I often wondered if the burning red tip of the cigarette kept him warm in the cold prairie winter ... Cigarettes were bad for you, he'd say, yet he continued the ritual every workday. Adults always told us they were bad for you, he'd say, yet he continued the ritual every workday. Adults always told us they were bad for you, he'd say, yet he continued the ritual every workday. Adults always told us they were bad for you, he'd say, yet he continued the ritual every workday.
a psychiatrist is like dropping a few coins in a cup. It doesn't seem like enough, but little by little, those coins start to add up. "Medical School Personal Statement Example: #26"I wasn't supposed to live past the age of 25. Growing up in a neighborhood where drug use was commonplace and crime rates were high, every young person could see what
their future held every day on the walk home from school. "Medical School Personal Statement Example: #27"When we returned home after the mission trip, that sense of pride hung around. I reflected on my trip, and I realized ... while dentistry still didn't spark my passions, my interest in medicine had been ignited. "Medical School Personal Statement Example: #27"When we returned home after the mission trip, that sense of pride hung around. I reflected on my trip, and I realized ... while dentistry still didn't spark my passions, my interest in medicine had been ignited. "Medical School Personal Statement Example: #27"When we returned home after the mission trip, that sense of pride hung around. I reflected on my trip, and I realized ... while dentistry still didn't spark my passions, my interest in medicine had been ignited. "Medical School Personal Statement Example: #27"When we returned home after the mission trip, that sense of pride hung around. I reflected on my trip, and I realized ... while dentistry still didn't spark my passions, my interest in medicine had been ignited. "Medical School Personal Statement Example: #27"When we returned home after the mission trip, that sense of pride hung around in the manufacture in the mission trip, and I realized ... while the mission trip is a sense of pride hung around a sense of p
Statement Example: #28"'People like Annie have problems that won't go away,' Dr. Dean said, 'but that doesn't mean we can't help.'"Medical School Personal Statement Example: #29"We were out on patrol one night and heard shouting. We called it in and ran over, fearing the worst. What we found was a small boy - one of the local kids - who had
tripped and scraped his knee. Well, didn't Jeff patch him up with his field kit, showing a great bedside manner for a guy in full tactical gear. "Medical School Personal Statement Example: #30"I'm not decrying loud music, but ... a series of bad decisions and ignored warnings may have condemned me to a future of obnoxious background noise. Tips to
Create Your Exemplary Medical School Personal Statement is one of the most important medical school personal statement is one of the key factors that affect medical school acceptance rates. A well-written
personal statement can mean the difference between acceptance and rejection!"Personal statements are often emphasized in your application to medical school as this singular crucial factor that distinguishes you from every other applicant. Demonstrating the uniqueness of my qualities is precisely how I found myself getting multiple interviews and rejection!"Personal statements are often emphasized in your applicant.
offers into medical school." - Dr. Vincent Adeyemi, MDPersonal statements remain one of the most challenging parts of students' journeys to medical school. Here's our student Melissa sharing her experience of working on her personal statement: "I struggled making my personal statement personal... I couldn't incorporate my feelings, motives and
life stories that inspired me to pursue medicine into my personal statement" - Melissa, BeMo Student Let's approach this step-by-step. Here's a quick run-down of what we'll cover in the article: Step 1: Before You Begin Writing Your Medical School Personal StatementBefore
discussing how to write a strong medical school personal statement, we first need to understand the qualities of a strong essay. Similar to crafting strong medical school secondary essays, writing a strong personal statement is a challenging, yet extremely important, part of your MD or MD-PhD programs applications. Your AMCAS Work and Activitie
section may show the reader what you have done, but the personal statement explains why. This is how Dr. Neel Mistry, MD and our admissions expert, prepared for his medical school personal statement writing: "The personal statement is an opportunity for you to shine and really impress the committee to invite you for an interview. The personal
statement is your chance to be reflective and go beyond what is stated on your CV and [activities]. In order to stand out, it is important to answer the main questions [of medical student and future physician, what attracts you to
[medicine], and what sets you apart from the other candidates. The key here is answering the last two questions well. Most candidates simply highlight what they have done, but do not reflect on it or mention how what they have done, but do not reflect on it or mention how what they have done, but do not reflect on it or mention how what they have done, but do not reflect on it or mention how what they have done, but do not reflect on it or mention how what they have done, but do not reflect on it or mention how what they have done, but do not reflect on it or mention how what they have done, but do not reflect on it or mention how what they have done, but do not reflect on it or mention how what they have done, but do not reflect on it or mention how what they have done has prepared them for a future medical career."
personal, giving the admissions committee insight into your passions and your ultimate decision to pursue a career in medical school interview and facing medical school rejection. As you contemplate the task in front of you, you may be wondering
what composing an essay has to do with entering the field of medicine. Many of our students were surprised to learn that medical school personal statement demonstrates your written communication skills and highlights your
accomplishments, passions, and aspirations. The ability to communicate a complex idea in a short space is an important skill as a physician. You should demonstrate your communication skills by writing a concise and meaningful statement that illustrates your best attributes. Leaving a lasting impression on your reader is what will lead to interview
invitations.#2 Brainstorm Ideas to Make Your Medical School Personal Statement Stand OutPersonal Statement Stand O
 who you are? Here are some additional questions you can consider as you go about brainstorming for your essay:What motivates you to learn more about medicine?What is something you want them to know about brainstorming for your essay:What motivates you to learn more about medicine?What is something you want them to know about brainstorming for your essay:What motivates you to learn more about medicine?What is something you want them to know about brainstorming for your essay:What motivates you to learn more about medicine?What is something you want them to know about brainstorming for your essay:What motivates you to learn more about medicine?What is something you want them to know about brainstorming for your essay:What motivates you to learn more about medicine?What is something you want them to know about brainstorming for your essay:What motivates you to learn more about medicine?What is something you want them to know about brainstorming for your essay:What motivates you to learn more about medicine?What is something you want them to know about brainstorming for your essay:What motivates you to learn more about medicine?What is something you want them to know about brainstorming for your essay:What motivates you have grown and the properties of the
(perhaps including interesting stories about your siblings, parents, grandparents)? What kinds of early exposure to the medical field left an impression on you as a child? Did you become familiar with and interested in the field of medicine at an early stage of your life? If so, why? What are your key strengths, and how have you developed these? What
steps did you take to familiarize yourself with the medical profession? Did you get involved in medical research? What challenges have you faced? Have these made an impact on what you chose to study? What are your favorite activities? What kinds of extracurriculars for
medical school or volunteer work have you done, and how have these shaped who you are, your priorities, and or your perspectives on a career in medicine? What was your "Aha!" moment? When did your desire to become a doctor solidify? How did you make the decision to apply to medical school? You shouldn't try to answer all of these in your essay
Try a few main points that will carry over into the final draft. Start developing your narrative by prioritizing the most impactful responses to these prompts and the ideas that are most relevant to your own experiences and goals. The perfect personal statement not only shows the admissions committee that you have refined communication skills, but
also conveys maturity and professionalism. Here's how our student Alison, who was a non-traditional application gessions with our admissions experts to get a theme going in her medical school personal statement and her overall application package: "I think it was during my
brainstorming session that we really started talking about... what the theme [was] going to be for my application. And I think that was really helpful in and of itself. Just to create an element of consistency throughout..." Alison, BeMoothing to be like? How are we going to be?' Just to create an element of consistency throughout..." Alison, BeMoothing to be like? How are we going to be?' Just to create an element of consistency throughout..." Alison, BeMoothing to be?' Just to create an element of consistency throughout..."
Student, current student at Dell Medical School After brainstorming, you should be able to clearly see two to four key ideas, skills, qualities, and intersections that you want to write about.#3 Know Your AudienceAs you begin thinking about what to include in your personal essay, remember that you are writing for a specific audience with specific
expectations. The admissions committee will be examining your essay through the lens of their particular school's mission, values, and priorities, as well as the qualities of an ideal physician. "Make it easy for the reader to be able to work [their] way through [your personal statement]. Because, at the end of the day, I think one thing that helped me a
lot was being able to think about who was going to be reading this application and it's going to be these people that are sitting around a desk or sitting at a table and [go] through massive numbers of applications every single day. And the easier and more digestible that you can make it for them, gives you a little bit of a win." - Alison, BeMo student
current student at Dell Medical SchoolYou should think about your experiences with reference to the AAMC Core Competencies and to each school's mission statement so that you're working toward your narrative with the institution and broader discipline in mind. The AAMC Core Competencies are the key characteristics and skills sought by U.S.
medical schools. You are not expected to have mastered all of these competencies at this stage of your education. Display those that are relevant to your experiences will help demonstrate your commitment to the medical profession. #4 How to Answer the Prompt, Without a PromptYour personal statement is, in essence, an essay prompt without a
prompt. They give you free rein to write your own prompt to tell your story. This is often difficult for students as they find it hard to get started without having a true direction. However, you can think of this question as essentially having the prompt "why do you want to become a doctor?". Here are some questions to guide your self-reflection: They give you free rein to write your own prompt to tell your story. This is often difficult for students as they find it hard to get started without having a true direction.
moment your passion for medicine crystallizedThe events that led you toward this pathSpecific instances in which you experienced opportunitiesChallenges that helped shape your worldviewYour compassion, resilience, or enthusiastic collaborationDemonstrate your commitment to othersYour dependabilityYour leadership skillsYour ability to
problem-solve or to resolve a conflictThese are personal, impactful experiences that only you have had. Focus on the personal, and connect that to the values of your future profession. Do that and you will avoid writing the same essay as everyone else. Dr. Monica Taneja, MD and our admissions expert, shares her tip that got her accepted to theorem.
 University of Maryland School of Medicine:"I focused on my journey to medicine and opportunities that I sought out along the way. Everyone's path and validation is unique, so walking the reader through your growth to the point of application will naturally be different, but that's what I wanted to share in my personal statement." - Dr. Monica Taneja
MD#5 Reflect on Your ThemeAdmissions committees don't want your medical school resumé in narrative form. All that stuff is already in the activities section of the application. This is where you should discuss interesting or important life events that shaped you and your interest in medicine (a service trip to rural Guatemala, a death in the family, a
personal experience as a patient). "The essay is not about what you have been through; it's about who it made you into." - Dr. Vincent Adeyemi, MDOne suggestion is to have an overarching theme to your essay to tie everything together, starting with an intriguing personal anecdote. Alternatively, you can use one big metaphor or analogy through the
essay. Dr. Jaime Cazes, MD encourages you to be creative when it comes to the theme of your personal statement. To a reviewer who is reading tens of these at a time it can become quite boring. What I did was [tell] a story. Like any good novel, the stories' first lines are meant to hook these at a time it can become quite boring.
reader. This can be about anything if you can bring it back and relate it to your application. It could be about the time your friend was smashed up against the boards in hockey and you, with your limited first aid experience helped to treat him. It is important that the story be REAL." - Dr. Jaime Cazes, MD, University of Toronto Faculty of
MedicineYour personal statement must be well-organized, showing a clear, logical progression, as well as connections between ideas. It is generally best to use a chronological progression since this mirrors your progression into a mature adult and gives you the opportunity to illustrate how you learned from early mistakes later on. Carry the theme
throughout the statement to achieve continuity and cohesion. Use the theme to links ideas from each paragraph to the next and to unite your piece. Step 2: Prepare to Start Writing Your Personal Statement#1 Review Medical School Personal Statement to achieve continuity and cohesion. Use the theme to links ideas from each paragraph to the next and to unite your piece. Step 2: Prepare to Start Writing Your Personal Statement#1 Review Medical School Personal School Perso
should read like a chronological narrative and have good structure and flow. Just like any academic essay, it will need an introduction, body content, and a conclusion. Introduction that you have a creative and captivating opening sentence that
draws the reader in. The kinds of things that inspire or motivate you can say a lot about who you are as a person. "Like any good novel, the stories' first lines are meant to hook the reader. This can be about anything if you can bring it back and relate it to your application. It could be about the time your friend was smashed up against the boards in
hockey and you, with your limited first aid experience helped to treat him." - Dr. Jaime Cazes, MDThat is a lot of work for a single paragraph to do. To better help you envision what this looks like in practice, here is a sample introduction that hits these main points. BodyIn the body of your essay, you essentially want to elaborate on the ideas that younger limited first aid experience helped to treat him." - Dr. Jaime Cazes, MDThat is a lot of work for a single paragraph to do. To better help you envision what this looks like in practice, here is a sample introduction that hits these main points. BodyIn the body of your essay, you essentially want to elaborate on the ideas that younger limited first aid experience helped to treat him." - Dr. Jaime Cazes, MDThat is a lot of work for a single paragraph to do. To better help you envision what this looks like in practice, here is a sample introduction that hits these main points.
have introduced in your opening paragraph by drawing on your personal experiences to provide evidence. Depending on the details, a selection of volunteer and extracurricular experiences might be discussed in more detail, in order to emphasize other traits like collaboration, teamwork, perseverance, or a sense of social responsibility - all key
characteristics sought by medical schools. Just like an academic essay, you will devote one paragraph to each major point, explaining this in detail, supporting your claims with reference to why you want to pursue a medical
career. Conclusion The conclusion is just as important as the introduction. It is your last chance to express your medical aspirations. You want to impress the reader while also leaving them wanting more. In this case, more would mean getting an interview so they can learn more about who you are! Your final statement should not be a simple summary
of the things you have discussed. It should be insightful, captivating, and leave the reader with a lasting impression. Although you want to re-emphasize the major ideas of your essay, you should try to be creative and captivating, much like your opening paragraph. If you can link your opening ideas of your essay, you should try to be creative and captivating, much like your opening ideas of your essay, you should try to be creative and captivating.
essay together. Here's how to create a killer introduction to your medical school personal statement: #2 Show, Don't TellThe narrative you construct should display some of your most tightly held values, principles, or ethical positions, along with key accomplishments and activities. If you see yourself as someone who is community service,
and you have a track record of such service, your story should feature this and provide insight into why you care about your community and what you learned from your story should feature this and provide insight into why you care about your community and what you learned from your story should feature this and provide insight into why you care about your community and what you learned from your story should feature this and provide insight into why you care about your story should feature this and provide insight into why you care about your story should feature this and provide insight into why you care about your story should feature this and provide insight into why you care about your story should feature this and provide insight into why you care about your story should feature this and provide insight into why you care about your story should feature this and provide insight into why you care about your story should feature this and provide insight into why you care about your story should feature this and provide insight into why you care about your story should feature this and provide insight into why you care about your story should feature this and provide insight into why you care about your story should feature this and provide insight into which you care about your story should feature this and provide insight into which you care about your story should feature this and you care about your story should feature this and you care about your story should feature this and you care about your story should feature this and you care about your story should feature this and you care about your should feature this approximate this approximate this approximate t
through challenge and loss (if this is indeed true), is excellent because it lays the groundwork for telling a story while showing that you are orientated towards close relationships. You would then go on to offer a brief anecdote that you have such
principles: "Remember to use specific personal examples throughout your statement to make it more impactful and memorable for the reader's mind in the form of a story helps with this." - Dr. Neel Mistry, MDA lot of students make the mistake of verbalizing their personal attributes with a bunch of adjectives.
such as, "This experience taught me to be a self-reliant leader, with excellent communication skills, and empathy for others..." In reality, this does nothing to convey these qualities. It's a mistake to simply list your skills or characteristics without showing the reader an example of a time you used them to solve a problem. The person reading the essay
may not believe you, as you've not really given them a way to see such values in your actions. It is better to construct a narrative to show the reader that you possess the traits that medical schools are looking for, rather than explicitly stating that you are an empathetic individual or capable of deep self-reflection.#3 Write for Non-SpecialistsWhile it
may be tempting to write in a high academic tone, using terminology or jargon that is often complex or discipline-specific, requiring a specialist audience. Remember, in the world of medicine, describing a complex, clinical condition to a patient requires using
specific but clear words. Use words that you believe most people understand. Read your personal statement back to a 14-year-old, and then again to someone for whom English is not their first language, to see if you're on the right path. Ultimately, fancy words do not make you a good communicator; listening and ensuring reader comprehension
makes you a good communicator. Show them your communication skills through clear, accessible prose, written with non-specialists in mind. A common refrain among writing instructors is: never use a $10 word where a $2 word will suffice.#4 Display Professionalism Professionalism may seem like a difficult quality to display when only composing a
personal statement. After all, the reader can't see your mannerisms, your personal style, or any of those little qualities that allow someone to appear professional. Professionalism is about respect for the experience of others on your team or in your workplace. It is displayed when you are able to step back from your own individual position and think
about what is best for your colleagues and peers, considering their needs alongside your own. One easy way to destroy a sense of professionalism is to act in a judgmental way towards others, particularly if you perceived and ultimately resolved an error on someone else's part. Sometimes students blame another medical professional for something
that went wrong with a patient. They might say something to the effect of: "The nurse kept brushing to ask the attending physician, who
thanked me for letting him know. "There are a couple of things wrong with this example. It seems like this person is putting down someone else in an attempt to make themselves look better. They come across as un-empathetic and judgmental of the nurse. Maybe she was having a busy day, or maybe the attending had just seen the patient for this
issue and the patient didn't really need re-assessment. Reading this kind of account in a personal statement makes the reader question the maturity of the applicant and their ability to move past blaming others and resolve problems in a meaningful way. Instead of allocating blame, identify what the problem was for the patient and then focus on what
 you did to resolve it and reflect on what you learned from the whole experience.One last note on professionalism: Being professional does not mean being overly stoic, hiding your emotions, or cultivating a bland personality. A lot of students are afraid to talk about how a situation made them feel in their personal statement. They worry that discussing
feelings is inappropriate and will appear unprofessional. Unfortunately for these students, emotional intelligence is hugely important to the practice of medicine. Good doctors are able to quickly identify their own emotions and understand how their emotions may inform their actions, and the ability to deliver appropriate care, in a given
situation. So, when writing your personal statement, think about how each experience made you feel, and what you learned from those feelings and that experience. Step 3: Write Your First Draft of Your Personal Statement from those feelings and that experience made you feel, and what you learned from those feelings and that experience made you feel, and what you learned from those feelings and that experience made you feel, and what you learned from those feelings and that experience made you feel, and what you learned from those feelings and that experience made you feel, and what you learned from those feelings and that experience made you feel, and what you learned from those feelings and that experience made you feel, and what you learned from those feelings and that experience made you feel, and what you learned from those feelings and that experience made you feel, and what you learned from those feelings are the feelings and that experience made you feel, and what you learned from those feelings are the feelings and that experience made you feel feelings are the feelings 
brainstorming, outlining, and considering the content and style of your essay prior to beginning the essay will make the writing process much smoother than it would be you to try to jump right to the draft-writing stage. "I wrote scores of essays at my desk in those few weeks leading up to application submission. I needed it to be perfect. Do not let
anyone tell you to settle. There was no moment when I had this shining light from the sky filtering into my room to motivate me. The ultimate trick is to keep writing. It is impossible to get that perfect essay on the first try, and you may not even get it on your fifteenth attempt, but the goal is to keep at it, keep making those edits, and never back
down." - Dr. Vincent Adeyemi, MDAs you're getting content on the page. Your essay will go through multiple drafts and re-writes, so the first step is to free write and start articulating connections between your experiences and the characteristics you're
highlighting. You can worry about flow, transitions, and perfect grammar in later drafts. Step 4: After You Have Written Your Draft, Ask Yourself the Following #1 Did You Distinguish Yourself From Others? Is your narrative unique? Our admissions expert Dr. Monica Taneja, MD, shares how she got the attention of the admissions committee with her
personal statement:"I found it helpful to give schools a 'punch-line'. As in I wanted them to remember 1-2 things about me that are my differentiators and I reiterated those throughout [the personal statement]." - Dr. Monica Taneja, MDUse your narrative to provide a compelling picture of who you are as a person, as a learner, as an advocate, and as a
future medical professional. What can you offer? Remember, you will be getting a lot out of you, as well. This is a mutually beneficial relationship, so use this opportunity to highlight what you bring to the table, and what you will contribute as a student at their institution. Make
them see you as a stand out from the crowd.#2 Does My Essay Flow and is it Comprehensible?Personal statements are a blessing and a curse for admission committees. They provide a better glimpse of who you are than MCAT scores or GPAs. But they are long and time-consuming to read. And often, they sound exactly alike. Frankly, if your personal
statement is pleasant to read, it will get read with more attention and appreciation. Flow is easier to craft through narrative, which is why you should root the statement in a story that demonstrates characteristics desirable to medical schools. You want this to be a statement that captures the reader's interest by creating a fluid, comprehensible piece
that leads the reader to not only read each paragraph but want to continue to the next sentence. #3 Did You Check Your Grammar? It is always important to carefully edit your medical school personal statement. Read your statement out loud to yourself and you will almost certainly find an error (and likely several errors). Use fresh eyes to review the
statement several times before you actually submit it, by walking away from it for a day or so and then re-reading it. This step can make or break your essay. Do not waste all the effort you have put into writing, to only be discarded by the committee for using incorrect grammar and syntax.#4 Did You Gather Feedback From Other People? While the
tips above are all very useful for writing a strong draft, nothing will benefit you more than getting an outside appraisal of your work. This may sound obvious, but it's still an absolute necessity." It was very helpful for two of my mentors to review my statements before submitting my application. Ensure you trust the judgement and skills of the person to
whom you would be giving your personal statement for review." - Dr. Vincent Adeyemi, MDAvoid having people too close to you read your work. They may refrain from being too critical in an effort to spare your feelings. This is the time to get brutal, honest feedback. If you know someone who is an editor but do not feel that they can be objective, try
and find someone else. Want more personal statement examples? Check out our video below: Common Mistakes to Avoid in Your Med School Personal Statement examples? Check out our video below: Common Mistakes to Avoid in Your Med School Personal Statement examples? Check out our video below: Common Mistakes to Avoid in Your Med School Personal Statement examples? Check out our video below: Common Mistakes to Avoid in Your Med School Personal Statement examples? Check out our video below: Common Mistakes to Avoid in Your Med School Personal Statement examples?
or course with low grades, or if you had any other extenuating circumstances that impacted your education, you can take time to address these here. You can approach this in your essay similarly to the question "what is your greatest weakness" that may get asked during interviews. You will also be able to address weaknesses or setbacks in your
AMCAS Statement of Disadvantage or your adversity secondary essay, so make sure there is not too much overlap between these and your personal statements. Use your have to explain yourself, take accountability for
the situation. State that it is unfortunate and then redirect it to what you learned and how it will make you a better doctor. Always focus on being positive and do not lament on the negative situation too much. Here are some mistakes that may raise a red flag in your personal statement. Check out this video on the top 5 errors to avoid in your personal
statement! BeMo Medical School Application Help ReviewsWe are happy to say we help students craft winning personal statement brainstorming session with Dr. Narusis was excellent. He helped me to distill my clinical experiences into meaningful, useful components of an
effective essay. Moreover, we were able to develop a coherent narrative structure for the piece, avoiding cliché and poor organization. It's certain that these folks know what they're doing; the session was efficient, Dr. Narusis was a joy to work with, and I left our meeting with a clear sense of the direction in which I'll take my personal statement." -
Adam. BeMo student."I just submitted my applications, and I couldn't be more grateful for the support I received. My consultant provided insightful, encouraging, and constructive feedback throughout the process with my personal statements and reference letter reviews. Despite being last minute with one of my essays, the consultant went above
and beyond to accommodate my urgency and edited my essay promptly before the submission deadline. I truly appreciate their professionalism and dedication!" - Melanie, BeMo student." I had an excellent experience working with Shehnoor Khurram! They reviewed and edited my personal statement with exceptional attention to detail, providing
thorough and insightful feedback every step of the way. Their advice was clear, concise, and incredibly easy to follow, which made the entire process smooth and stress-free. Thanks to their expertise, my personal statement became more polished and impactful. I highly recommend them to anyone looking for professional, detailed, and reliable
assistance!" - BeMo student."Dr. Africa was genuinely helpful in refining my thought process based on the question type. She helped me recognize the mistakes I was making and understand how to apply the strategies effectively." - Mohammed Bilaluddin, BeMo student. "Dr. Liu was great in helping me structure my personal statement as he
meticulously broke things down and explained things to me." - James W., BeMo student."Dr. Samira Lavei is so professional and kind committedly researching and advising me on next steps for my med school journey over the course of the next year according to all my posed questions and beyond. This is not my first session with her, and she makes
sure to bring advice based on all our prior sessions. I am very fortunate to have had a session with someone so willing to delve so thoroughly into planning aspects even going over half an hour over time! Thank you!" - BeMo student. "Yes!! I wish to thank BeMo staff very very much with help on my personal statement for both MD and DO schools. The
amount of time they dedicated for me was phenomenal and it is way more than I could ever ask for! Sincerely, from the bottom of my heart, BeMo is incredible in helping students like me! BeMo is such a great place with wonderful staff who would help me with many many documents! I would like to thank Shehnoor Khurram with his support and
guidance!" - Eric Liao, BeMo student. "As the current medical school application cycle nears its end, BeMo Academic Consulting has not once slowed down in their efforts and continues to go above and beyond to help me secure additional acceptances. From personalized support to timely advice, Ferd, my admissions associate, has helped me feel
seen, heard, and confident throughout one of the most competitive processes out there. Rather than feeling as though I am another number as they're supported and heard every step of the way with BeMo. I could not be more thankful for this experience and the incredible people behind it. Highly
recommend BeMo to anyone looking for expert support on the path to medical school." - BeMo student. "I had my initial meeting with Dr. Narusis regarding my AMCAS personal statement, and I can gladly say it was an hour and a half very well spent. He was to the point and gave great advice that didn't "sugar coat what needed to be said to ensure
the highest quality written piece. I look forward to seeing what else Bemo can assist me with! - Tridib Chakraborty, BeMo student. "FAQs and Final NotesThis Ultimate Guide has demonstrated all the work that needs to be done to
compose a successful, engaging personal statement for your medical school application. While it would be wonderful if there was an easy way to write your personal statement in a day, the reality is that this kind of composition takes a lot of work. As daunting as this may seem, this guide lays out a clear path. In summary, the following 5 steps are the
basis of what you should take away from this quide. These 5 steps are your quide and sort of cheat sheet to writing your best personal statement. S Main Steps For Personal Statement Writing: Brainstorming Structure Content and Theme Multiple Drafts Revision With Attention to Grammar While a strong personal statement alone will not quarantee
admission to medical school, it could absolutely squeeze you onto a medical school waitlist, off the waitlist, off the waitlist, off the waitlist, or give someone on the admissions committee a reason to go to battle for your candidacy. Use this as an opportunity to highlight the incredible skills you've worked and studied to refine, the remarkable life experiences
you've had, and the key qualities you possess in your own unique way. Show the admissions committee that you are someone they want to meet, wanting to bring you in for an interview! About the Author:Dr. Lauren Prufer is an admissions expert at BeMo. Dr. Prufer is also a medical resident at
McMaster University. Her medical degree is from the Schulich School of Medicine and Dentistry. During her time in medical writing, research, and peer mentoring. To your success, Your friends at BeMoBeMo Academic Consulting
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